

Staying Healthy Assessment (3-4 Years)

Question #	Question Text	Yes	No	Skip
1	Does your child drink or eat 3 servings of calcium rich foods daily such as formula, breastmilk, cheese, yogurt, soy milk or tofu?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	Does your child eat fruits and vegetables at least two times per day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Does your child eat high fat foods, such as fried foods, chips, ice cream or pizza more than once a week?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Does your child drink more than one small cup (4-6oz) of juice per day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Does your child drink soda, juice drinks, sports drinks, energy drink or other sweetened drinks more than once per week?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Does your child play actively most days of the week?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	Are you concerned about your child's weight?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	Does your child watch any tv or play video games less than 2 hours per day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Does your home have a working smoke detector?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	Have you turned your water temperature down to low-warm (less than 120 degrees?)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	Does your home have more than one floor, do you have safe guards on the windows and gates for the stairs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	Does your home have cleaning supplies, medicines and matches locked away?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	Does your home have the phone number of Poison Control Center (800-222-1222) posted by your phone?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

14	Do you always stay with your child when she/he is in the bathtub?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15	Do you always place your child in a rear facing car seat in the back seat?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16	Is the car seat you use the right one for the age and size of your child?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17	Do you always check for children before backing your car out?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18	Does your child spend time near a swimming pool, river or lake?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19	Does your child spend time in a home where a gun is kept?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20	Does your child always wear a helmet when riding a bike, skateboard or scooter?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21	Has your child ever witnessed or been a victim of abuse or violence??	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22	Do you help your child brush and floss her/his teeth daily?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23	Does your child spend time with anyone who smokes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24	Do you have any other questions or concerns about your child's health, development or behavior?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If yes, please describe: _____

Is an interpreter needed today? Yes / No

Is the child in daycare? Yes / No